

MOMTREPREENEUR PRODUCTIVITY IDEAS TO GET YOU THROUGH A QUARANTINE

THE DAILY ESSENTIALS | DO EACH DAILY

- Shower & get ready
- Do & fold 1 load of laundry
- Wash & put away dishes
- Keep up with customer correspondence
- Keep up with orders / services
- Make sure kids take care of basic academics
- Give kids baths & bedtime cuddles

FOR THE KIDS | DO AT LEAST 1 DAILY

- Color
- Draw
- Do a puzzle
- Go for a walk
- Do yoga
- Do YouTube exercise videos
- Play a sport outside
- Read books
- Play a video game
- Watch a movie
- Play a board game
- Play cards
- Play hide & seek
- Play hide & find the objects
- Teach a new skill
- Bake something
- Cook a meal
- Do a craft
- Have a dance party
- Do yard work
- Prepare a garden
- Bubble bath party
- Bathtub games
- Build a fort
- Make smores
- Make ice cream sundaes
- Ride bikes
- Make cards for each other
- Write & send letters to family
- Play keep up the balloon
- Have a sword / lightsaber fight
- Have a nerf gun war
- Have a snowball-sock fight

PERSONAL DEVELOPMENT & SELF CARE | DO AT LEAST 1 DAILY

- Make a vision board
- Write down your goals
- Create an action plan
- Read a book
- Watch a webinar
- Take an online course
- Watch empowering YouTube videos
- Learn something new
- Journal
- Meditate
- Take a walk by yourself
- Go for a run by yourself
- Do yoga by yourself
- Take a bath
- Paint your nails
- Do something creative

FOR THE BUSINESS | DO AT LEAST 2 WEEKLY

- Update your website
- Add photos to your website
- Write a blog article
- Start a newsletter
- Create a content calendar
- Create content for the future
- Publish free content to grow email list
- Build your Pinterest page
- Build your social media following
- Create a new product / design / service
- Record some videos
- Engage with your followers
- Follow some new social accounts
- Update your accounting
- Reevaluate your pricing for profit

AROUND THE HOUSE | DO AT LEAST 2 WEEKLY

- Clean fridge
- Organize pantry
- Clean junk drawer
- Go through clothes in closets & dressers
- Setup home emergency binder
- Setup home maintenance binder
- Evaluate family finances & create budget
- Organize pictures
- Create memory books
- Do some yard work
- Plant a garden
- Sort & organize paperwork piles
- Clean Garage
- Make a family meal binder

MOMTREPREENEUR
planner